

## Concept: Game Sense

**The big picture:** The students will understand the importance of the underpinning values that create games and teams.

**Why does it matter?** Game Sense in Physical Education (PE) involves developing valuable life skills that underpin all aspects of working and personal life. Physical activity and games will help develop individuals who can see various challenges and have the right tools to be able to overcome them.

<b>Core Characteristics</b>	<b>Definitions</b>	<b>In Practice</b>
Decision Making	Understanding when and how to make strategic decisions	Anticipating opponents' actions and responding effectively.
Skill Adaptation	Applying technical skills in a game context.	Modifying actions to suit different situations in the game.
Tactical Awareness	Grasping the key principles of attack and defence.	Understanding space, possession, and scoring opportunities.
Game Appreciation	Recognizing the rules, purposes, and structures of games.	Developing respect for fair play and sportsmanship.
Communication	Using both verbal and non-verbal methods during games to communicate ideas and tactics	Includes calling for the ball, signalling plays, or indicating tactical shifts.
Fair Play	Learning to cooperate and collaborate in sports with own team and with opponents.	Being able to self-officiate games and activities
Role of the official	Understanding different roles in sport and the impact they have on physical activity	Taking an officiating or coaching role in lessons

**Remember:**

Game Sense in PE is a holistic approach to understanding and enjoying physical activity, encouraging students to think critically, analyse and appreciate different games and activities at a deeper level, leading to both personal and team development

**Activities to develop game sense in PE**

Invasion Games (e.g., football, basketball, rugby)

Net/Wall Games (e.g., tennis, volleyball)

Striking/Fielding Games (e.g., cricket, rounders)

**Impact on Everyday Life**

Promotes a deeper understanding of games beyond just playing.

Encourages creativity and adaptability in players.

Develops lifelong skills in problem-solving and critical thinking.

Enhances enjoyment and engagement by keeping learning relevant and purposeful.