

21<sup>st</sup> January 2025

Dear parents and carers

As a part of your child's education at Liskeard School and Community College, we promote personal well-being and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to advise you of the PSHE programme for 2025. This will include lessons that will teach about healthy relationships, including friendships; families; puberty, self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school and is monitored and reviewed regularly by the staff and governing body.

PSHE at tutor times will include an 'In the News' session once a week. This will keep our young people aware of current events.

There will also be some slight changes to the curriculum based on guidance from the Department of Education. More safeguards have been introduced to keep children safe in an increasingly complex world. It is important that young people receive the right information at an appropriate time. Therefore, there are clearer age limits for teaching sensitive content and specifies that the topic of gender identity is not taught. It also reinforces the principle that parents have the right to know about everything that children are taught.

Please visit the school's website: <https://www.liskeard.net/teaching-and-learning/curriculum/pshe> for more details about our PSHE curriculum. All PSHE teaching will take place in a safe learning environment and is under-pinned by our school ethos and values. As a school community, we are committed to working in partnership with parents. Parents have the right to withdraw children from aspects of the relationship's topic up until two terms before your child's 16th birthday. If you would like to discuss withdrawing your child or if you would like to find out more or discuss any concerns, please contact me at [awilton@liskeard.net](mailto:awilton@liskeard.net)  
Thank you.

Yours faithfully

Alex Wilton  
PSHE Lead