



YEAR 7

**MASTER
MISSION**

NAME:

FORM:

BRONZE LEVEL



Task	Start Date	Deadline	Type of Challenge	Challenge	Challenge Level
TASK 1	28th October	11th November	Design Technology	Design and build a new object that you think will make your life more interesting or enjoyable	Bronze
TASK 2	11th November	25th November	Food Technology	Cook a healthy meal (or design a healthy recipe) for you and your family/friends. Explain the health benefits of the meal to encourage others to eat healthier	Bronze
TASK 3	25th November	9th December	Safeguarding	Create an anti-bullying poster, or a PPT for Assembly. The winning poster will be copied and put up around school	Bronze CERTIFICATE

Task 1: Design and build a new object that you think will make your life more interesting or enjoyable



Task 2: Cook a healthy meal (or design a healthy recipe) for you and your family/friends. Explain the health benefits of the meal to encourage others to eat healthier



Task 3: Create an anti-bullying poster, or a PPT for Assembly. The winning poster will be copied and put up around school



SILVER LEVEL



Task	Start Date	Deadline	Type of Challenge	Challenge	Challenge Level
TASK 4	6th Jan	20th Jan	Art	Create a piece of art, music, dance or a performance	Silver
TASK 5	20th Jan	3rd Feb	English	Design a 'Word of the Day' calendar for the month of February, including 29 ambitious words, with their definitions in your own words	Silver
TASK 6	3rd Feb	17th Feb	Careers / Business	Using a picture of yourself (either photo or drawn), name your dream job – then research it and include salary and the skills you need and pathways to that job	Silver
TASK 7	17th Feb	3rd Mar	British Values	Write a letter to a local politician about an issue you are passionate about	Silver
TASK 8	3rd Mar	17th Mar	Geography	Draw a map of a Cornwall and label all of the key towns/sites on to your map. Identify what these sites are famous for	Silver
TASK 9	17th Mar	31st Apr	History	Design an information poster explaining the importance of a event from history that you find really interesting	Silver CERTIFICATE

Task 4: Create a piece of art, music, dance or a performance



Task 5: Design a 'Word of the Day' calendar for the month of February, including 29 ambitious words, with their definitions in your own words



Task 6: Using a picture of yourself (either photo or drawn), name your dream job – then research it and include salary and the skills you need and pathways to that job



Task 7: Write a letter to a local politician about an issue you are passionate about



Task 8: Draw a map of a Cornwall and label all of the key towns/sites on to your map. Identify what these sites are famous for



Task 9: Design an information poster explaining the importance of a event from history that you find really interesting



GOLD LEVEL



Task	Date	Deadline	Type of Challenge	Challenge	Challenge Level
TASK 10	21st Apr	5th May	Foreign Languages	Record a planned 1 minute conversation in either French, Spanish, German, Mandarin, Italian, Portuguese, etc. (any language that is not your native tongue)	Gold
TASK 11	5th May	19th May	Careers / Business	Design a 3D model or blueprint of your dream workplace. You can research different career environments and incorporate elements that reflect your ideal work setting.	Gold
TASK 12	19th May	2nd June	British Values	Do a good deed a day for each day for the next fortnight. Keep a log and ask a member of staff / adult to sign off to say you've helped	Gold
TASK 13	2nd June	16th June	PE	Complete 2 hours of exercise. Keep a sports log of the sport you do and take photos!	Gold
TASK 14	16th June	30th June	Design	Design your own book cover, or video game	Gold
TASK 15	30th June	7th July	Health and social care	Plant and grow a seed and nurture it over the next two weeks. Keep a journal noting the progress	Gold CERTIFICATE

Task 10: Record a planned 1 minute conversation in either French, Spanish, German, Mandarin, Italian, Portuguese, etc. (any language that is not your native tongue)



Task 11: Design a 3D model or blueprint of your dream workplace. You can research different career environments and incorporate elements that reflect your ideal work setting.



Task 12: Do a good deed a day for each day for the next fortnight. Keep a log and ask a member of staff / adult to sign off to say you've helped



Task 13: Complete 2 hours of exercise. Keep a sports log of the sport you do and take photos!



Task 14: Design your own book cover, or video game cover



Task 15: Plant and grow a seed and nurture it over the next two weeks. Keep a journal noting the progress





Congratulations!

#TeamLiskeard